

BENCO  
Supported Living Program  
POLICY AND PROCEDURE

SUBJECT: DIETARY: SUPPLY, PLANNING, PREP, SERVICE AND STORAGE  
OAR: 411-328-0640 (1) (2) (3)

POLICY:

(1) A primary goal of the Supported Living Program is to identify the amount of support and guidance required to ensure that each individual is provided access to a nutritionally adequate diet.

PROCEDURES:

- (2) A written plan of dietary supports will be developed by the individual's ISP Team and included in the transition plan or ISP. The plan will be based on a review and identification of each individual's dietary preferences and support needs, and updated annually, at a minimum, or as significant changes warrant.
- (3) The Supported Living employees will be responsible for ensuring:
  - That each individual receives budgeting, shopping, and other support, as needed, to maintain adequate food supplies;
  - That each individual is involved, to the maximum extent possible, in the planning, preparation, and service of their own meals;
  - That individuals are provided access to health and nutrition information, enabling them to make informed choices regarding food selection and diet; and
  - That all food is stored in a safe and sanitary manner and disposed of when outdated.
- (4) The provider must support the freedom of the individual to have access to the individual's personal food at any time.

Approved by:

  
Julie Hansen, Benco Board President

Date:

